

<b>Indiana Winter Showcase: Run of Show</b>		
<b>Date: January 19, 2025</b>		
<b>Time: 12:00 PM - 3:00 PM (Player Check-In at 10:00 AM)</b>		
<b>Location: SportZone, 6601 Coffman Rd, Indianapolis, IN 46268</b>		
<b>Event Schedule</b>		
<b>Time</b>	<b>Activity</b>	<b>Details</b>
10:00 AM	Player Check-In	Players check in, receive materials (camp t-shirt, numbers, etc.), and confirm registration. Ends at 11:30 AM.
11:30 AM	Warm-Up Area Open	Optional self-guided warm-up for early arrivals.
12:00 PM	Welcome and Introductions	Camp expectations and introduction of staff by Camp Coordinator. 10-minute session.
12:10 PM	Dynamic Warmup	Guided warmup session led by Camp Coordinator. 10 minutes of preparation.
12:20 PM	Speed and Agility Stations	Stations include: - L-Cone - T-Drill - 5-10-5 Shuttle Rotations managed by staff. Ends at 12:40 PM.
12:40 PM	Break	5-minute hydration break.
12:45 PM	Individual Period - Round 1	Position-specific drills focusing on skill development. Ends at 1:05 PM.
1:05 PM	Break	5-minute hydration break.
1:10 PM	Competition Period - Round 1	- 5v5 for OL/DL - 1v1 for Skill Players Staff officiates and provides feedback during matchups. Ends at 1:30 PM.
1:30 PM	Individual Period - Round 2	Continuation of position-specific drills. Ends at 1:50 PM.
1:50 PM	Break	5-minute hydration break.
1:55 PM	Competition Period - Round 2	Same format as Round 1. Ends at 2:15 PM.
2:15 PM	Break	5-minute hydration break.
2:20 PM	Competition Period - Round 3	Final round of matchups. Focus on evaluation and feedback. Ends at 2:40 PM.
2:40 PM	Closing Remarks	Final performance acknowledgments, takeaways, and next steps shared by Camp Coordinator.
3:00 PM	Camp Ends	Participants dismissed.